



# SCHOOL HEALTH

*Betty Sue Hinkson RN, School Nurse*

## Is your child too sick for school?

As the new school year begins many parents may be faced with a difficult decision in the morning in deciding whether or not their children are sick enough to stay home from school.

In order to reduce the number of students, faculty and staff being exposed to illnesses, we are asking that you carefully review the following list that has been provided by the Utah County Health Department. By keeping sick children home, the chances of spreading the illnesses is greatly reduced. If your child shows any of these signs while they are at school, we will notify you immediately so that you can take them home until they have recovered.

We greatly appreciate all that you do to ensure that your children are in school each and every day when they are healthy. Attendance is so important for student success. When your child is ill or absent for appointments etc., please call the school office to excuse them. We greatly appreciate your cooperation in helping us keep our school a safe and healthy place to be.

### Should They Stay or Should They Go?

Children, staff, parents and/or volunteers will be excluded from the classroom if any of the following are noted:

- Fever of 100 degrees or above orally
- Nausea, vomiting or abdominal pain
- Diarrhea-frequent, loose, watery stools
- Unusual drowsiness or tiredness
- Sore throat, acute cold or persistent cough
- Runny nose (thick green/yellow discharge) (non allergenic)
- Red, inflamed or discharging eyes (pink eye) (non allergenic) must be treated with antibiotic drop/ointment for at least 24 hours before returning to school
- Swollen glands around jaws, ears or neck
- Any skin sore oozing of fluid, suspected impetigo (may have a yellow crusty discharge from sore)
- Suspected head or body lice (untreated)
- Earache
- An unexplained rash
- Symptoms which may suggest an acute illness

Conditions needing treatment with an antibiotic may return to the classroom after at least 24 hours of treatment and a decrease in symptoms.