

SCHOOL HEALTH

Betty Sue Hinkson RN, School Nurse

HOMEMADE TREATS PROHIBITED IN SCHOOL!

It is always fun to bring treats to school, but please be aware of the following regulations.

Utah State Department of Health regulations (R392-100-2 Food Care) prohibit the serving of **homemade** treats to children at school.

The regulation states: *"Food shall be obtained from sources that comply with all laws relating to food and food labeling. Home prepared foods are prohibited."*

If treats are brought to school for activities such as birthday treats, class parties, special rewards, etc. they should be commercially prepared items, preferably individually wrapped in cellophane, paper, a box, etc.

It is certainly not required nor expected that you send treats to school. If you choose to do so, however, we would greatly appreciate your following these guidelines so that we will be in compliance with Utah State Department of Health regulations.

Foods Considered Safe

Foods or drinks, prepared and packaged or catered by commercial food establishments that are licensed and inspected by local, State, or Federal health agencies are generally considered safe. Any commercially prepared high-risk hazardous foods (those containing meats, liquid vegetable products, or significant amounts of dairy and egg products) must still meet temperature requirements for preparation, transportation and serving as outlined in the State food safety regulations.

It can also be very helpful for those students with diet restrictions such as allergies to certain foods and those with diabetes to be able to read an ingredient label to make sure the food is safe for them to eat.

